

Riding The Emotional Tide In Academia

CiRRUS Leadership Meeting in Tallinn, EKA
April 2-4, 2025

Warm welcome to the upcoming meeting to share perspectives, tackle dilemmas, and support each other in navigating academic leadership in today's environment. We'll be exploring the emotional landscape of our institutions with a focus on **how to navigate and lead through collective emotions in an academic setting**. We'll be focusing on what and how emotions shape our leadership, decision-making, and institutional culture – and your role as leaders in riding this tide.

APPROACH

The sessions of the meeting integrate **Solution-Focused Coaching methodology**, **Nancy Kline's *Thinking Environment* components**, and various **experiential and interactive methods**.

The structure is flexible, adapting to your input to ensure relevance and engagement. Moving from the individual to the collective level and back to the individual, the sessions foster deep listening, reflection, and dynamic group exercises, creating a space for meaningful dialogue and applicable insights.

TOPICS & FLOW

Exploring Emotional Landscape

Thinking Partnership for Emotional Clarity

Exploring Resources

How Does Your Future Sound

Reflective Space

Building On What Is Important

Thursday 3.4.2025

10.30 – 15.30

Friday 4.4.2025

9.00 – 12.30

COACHES



Mariann Nagatsu

Certified Solution Focused Organisational Coach,
EMCC Senior Practitioner Accreditation.

Co-founder and Coach for Scientists @www.coachingforscientists.com
Coach for Leaders, Teams and Solopreneurs. 20 years of experience in developing leaders and teams in both the public and private sectors.
Co-founder of art-based experiential methods: Talking Drum and Nature Coaching (Luontocoaching).
Core Member of Creative Space community.
MSc in Psychology, Tallinn University.



Dr Manuela Tischler

Certified Solution Focused Organisational Coach,
EMCC Senior Practitioner Accreditation.

Co-founder and Coach for Scientists @www.coachingforscientists.com
Coach for Scientists @Geistesblitz-Coaching.
Leader of a Junior Research Group on the topic 'Power Abuse in Academia – How to Make It Visible & How to Prevent It' at the University of Applied Sciences Munich.
PhD in Sociology of Science, University of Cologne. Thesis: The Role Of Trust For Academic Careers.